



**Brigham and Women's Hospital**

Founding Member, Mass General Brigham

# **Percutaneous Approaches to Valve Disease**

**Pinak B. Shah, MD**

**Director, Cardiac Catheterization Laboratory**

**Section Chief, Interventional Cardiology**

**Brigham and Women's Hospital**

**Associate Professor of Medicine**

**Harvard Medical School**

**CONTINUING MEDICAL EDUCATION  
DEPARTMENT OF MEDICINE**



**HARVARD MEDICAL SCHOOL  
TEACHING HOSPITAL**

# Pinak Shah, MD



- University of Pennsylvania School of Medicine
- Medicine Residency @ BWH
- Cardiovascular Medicine Fellowship @ BWH
- Interventional Cardiology Fellowship @ BWH
- Clinical Focus
  - Percutaneous Coronary Intervention
  - Trans-catheter Valve Therapies

# Disclosures

- Proctor- Edwards LifeSciences
- Educational Grants- Abbott, Medtronic, Edwards
- Advisory Board- Xenter

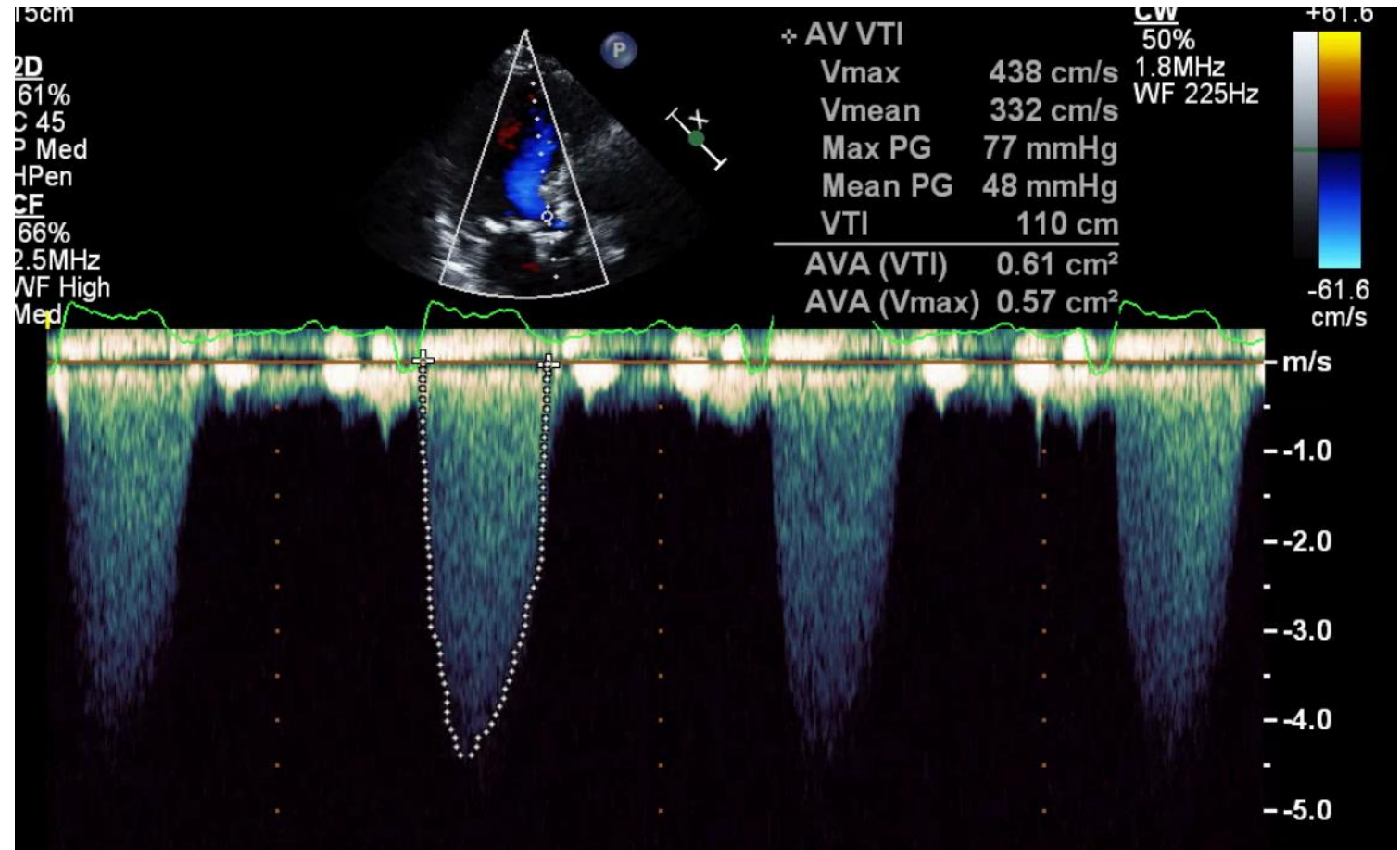
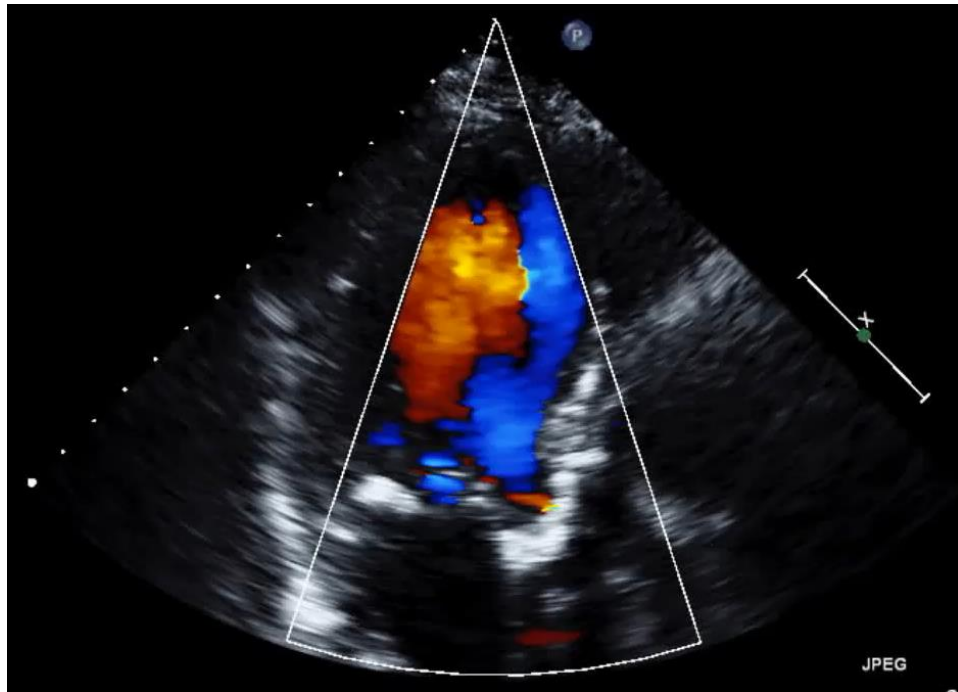
# Objectives

- Use 3 case vignettes to:
  - Highlight trans-catheter options for the management of common valvular heart conditions
  - Review investigational devices that may have a future role in broadening the management armamentarium for patients with valvular heart disease

# Case 1

- 85 year old man with progressive dyspnea on exertion
- Exam notable for a loud systolic ejection murmur at the right upper sternal border
- Carotid upstrokes noted to be diminished
- ECHO: severe aortic stenosis with  $V_{\max}$  4.5 m/s, mean gradient 54 mmHg, aortic valve area 0.6 cm<sup>2</sup>.
- Referred for treatment considerations
- STS score 3.5%

# Case 1- Echo



# Surgical Aortic Valve Replacement (SAVR)



***Historical Gold Standard for Aortic Valve Replacement***



# Trans-catheter Aortic Valve Replacement (TAVR)



Catheter based delivery  
and implantation of an  
aortic valve



# SAVR vs TAVR

	SAVR	TAVR
Access	Sternotomy	Vascular
Cardiopulmonary Bypass	Yes	No
General Anesthesia	Yes	No
Hospitalization	5-7 Days	1-3 Days
Recovery	4-6 weeks	< 1 week
Valve Types	mechanical/biological	biological

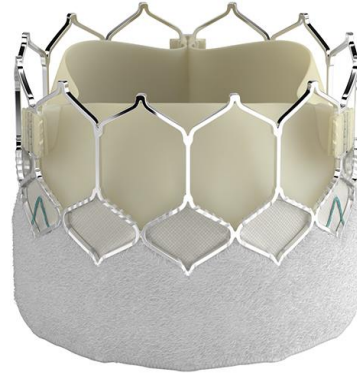
# TAVR 2024

- Location: **CCL** vs. Hybrid OR
- Anesthesia: GA vs. **IVCS**
- Access Points:
  - Venous (IJ or femoral): temporary pacer
  - 5-6Fr Arterial (radial or femoral): pigtail for aortography
  - 14Fr Arterial (femoral): delivery sheath
- Large Sheath Closure
  - Suture mediate closure devices: Perclose
- Post-procedure recovery
  - CCU vs. **floor**
- Procedure time: ~60 minutes
- D/C 24 hours, normal activity 72 hours

# FDA Approved TAVR Valves in the United States



Sapien 3  
3<sup>rd</sup> Generation  
Edwards LifeSciences



Sapien 3 Ultra  
4<sup>th</sup> Generation  
Edwards LifeSciences



Evolut FX  
5<sup>th</sup> Generation  
Medtronic



Navitor  
Abbott Vascular  
\*high surgical risk patients only

# Assessing Surgical Risk: STS Score

**Online STS Risk Calculator** Dataset: 2.73

Definitions Support

Help [More about Risk Calculator](#) New Print **Calculations**

Today's Date 4/19/2013

**Procedure**

**Coronary Artery Bypass**  Yes  No  Missing

**Valve Surgery**  Yes  No  Missing

**VAD Implanted or Removed**  No  
 Yes, implanted  
 Yes, explanted  
 Yes, implanted and explanted  
 Missing

**Other Non-Cardiac Procedure**  Yes  No  Missing

**Unplanned Procedure**  No  
 Yes, unsuspected patient disease or anatomy  
 Yes, surgical complication  
 Missing

**Other Cardiac Procedure**  Yes  No  Missing

**Calculations**

- Procedure Name
- Risk of Mortality
- Morbidity or Mortality
- Long Length of Stay
- Short Length of Stay
- Permanent Stroke
- Prolonged Ventilation
- DSW Infection
- Renal Failure
- Reoperation

<http://riskcalc.sts.org/STSWebRiskCalc273/>

# Assessing Surgical Risk

**Table 7. Risk Assessment Combining STS Risk Estimate, Frailty, Major Organ System Dysfunction, and Procedure-Specific Impediments**

	<b>Low Risk (Must Meet ALL Criteria in This Column)</b>	<b>Intermediate Risk (Any 1 Criterion in This Column)</b>	<b>High Risk (Any 1 Criterion in This Column)</b>	<b>Prohibitive Risk (Any 1 Criterion in This Column)</b>
STS PROM*	<4%	4%–8%	>8%	Predicted risk with surgery of death or major morbidity (all-cause) >50% at 1 y
	<b>AND</b>	<b>OR</b>	<b>OR</b>	
Frailty†	None	1 Index (mild)	≥2 Indices (moderate to severe)	<b>OR</b>
	<b>AND</b>	<b>OR</b>	<b>OR</b>	
Major organ system compromise not to be improved postoperatively‡	None	1 Organ system	No more than 2 organ systems	≥3 Organ systems <b>OR</b>
	<b>AND</b>	<b>OR</b>	<b>OR</b>	
Procedure-specific impediment§	None	Possible procedure-specific impediment	Possible procedure-specific impediment	Severe procedure-specific impediment

## PRACTICE GUIDELINE

### 2014 AHA/ACC Guideline for the Management of Patients With Valvular Heart Disease



A Report of the American College of Cardiology/American Heart Association  
Task Force on Practice Guidelines

*Developed in Collaboration With the American Association for Thoracic Surgery,  
American Society of Echocardiography, Society for Cardiovascular Angiography and Interventions,  
Society of Cardiovascular Anesthesiologists, and Society of Thoracic Surgeons*



Department of Medicine



Global and Continuing  
Education

# TAVR Clinical Trials (>10,000 Patients)

Trial	Year	Device	Risk	Result
PARTNER B	2010	Sapien	Inop	TAVR > Medical Therapy
PARTNER A	2011	Sapien	High	TAVR non-inf to SAVR
Corevalve XR	2014	Corevalve	Inop	TAVR > Performance Goal
Corevalve HR	2014	Corevalve	High	TAVR non-inf to SAVR, possibly superior
PARTNER 2	2016	Sapien XT	Intermed	TAVR > SAVR for TF candidates
Sapien 3 HR	2016	Sapien 3	High/Inop	Low Event Rates for SAVR
Sapien 3 IR	2016	Sapien 3	Intermed	TAVR > SAVR
SURTAVI	2017	Corevalve & Evolut R	Intermed	TAVR non-inf to SAVR
PARTNER 3	2019	Sapien 3	Low	TAVR > SAVR
Evolut Low Risk	2019	Corevalve Evolut R	Low	TAVR non-inf to SAVR

# TAVR Candidacy and Surgical Risk

## **“Inoperable” or “Extreme Risk”**

- Patients in whom two cardiac surgeons feels the risk of mortality from sAVR is likely > 50%

**FDA APPROVED FOR TAVR**

## **“High Risk”-**

- Patients with a Society of Thoracic Surgeons Risk Score (STS) of  $\geq 8\%$
- Patients with STS Risk Score < 8% but in whom the estimated risk of mortality from sAVR is  $\geq 15\%$  by two surgical assessments

## **“Intermediate Risk”**

- Patients with STS score between  $\geq 4\%$  but < 8%
- Patients with STS score < 4% but in whom estimate risk of mortality is between 4-8% by surgical assessment

## **“Low Risk”**

- Patients with STS < 4%

**FDA APPROVED FOR TAVR**  
**August 2019**



Department of Medicine



Global and Continuing  
Education

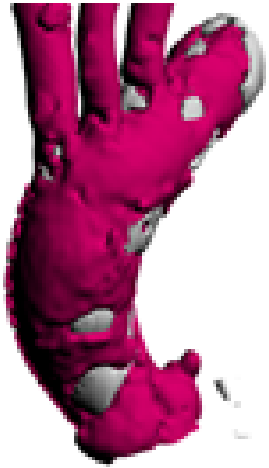


# TAVR Specific Concerns c/w SAVR

---

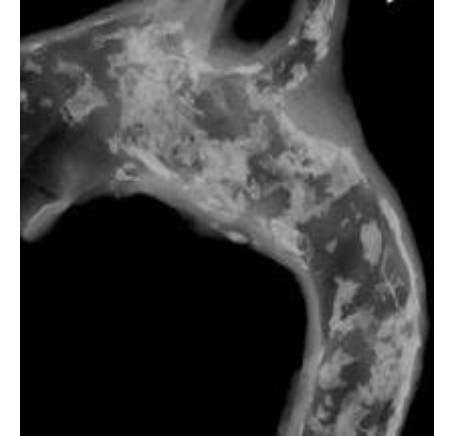
- *Stroke/Cerebral Emboli*
- *Paravalvular Regurgitation*
- *Need for Permanent Pacemaker*
- *Leaflet Thrombosis*
- *Durability*
- *Coronary Access*
- *Bicuspid Valves*

# Sources of Debris Leading to CVA During TAVR

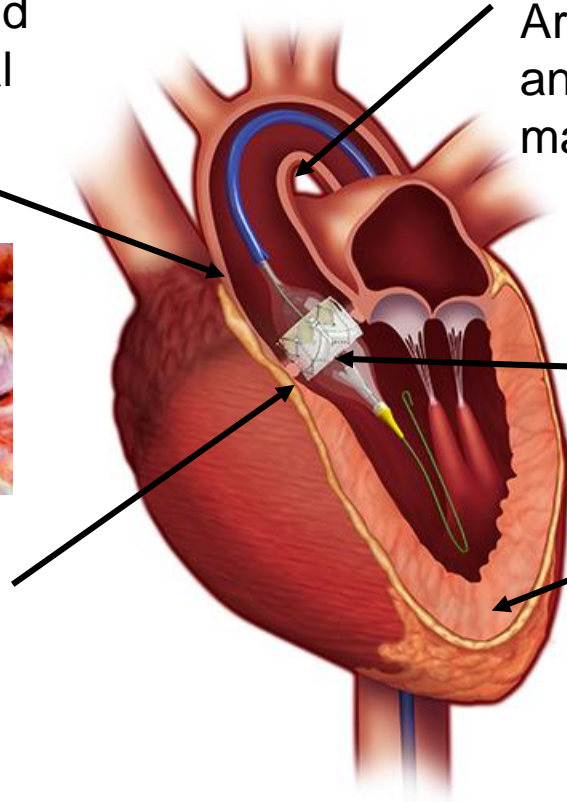


ASCENDING ARCH  
Arterial wall, calcific and atherosclerotic material

TRANSVERSE ARCH  
Arterial wall, calcific and atherosclerotic material



STENOTIC VALVE  
Leaflet tissue and calcific deposits



TAVI DEVICES  
Foreign material, thrombus

NATIVE HEART  
Myocardium

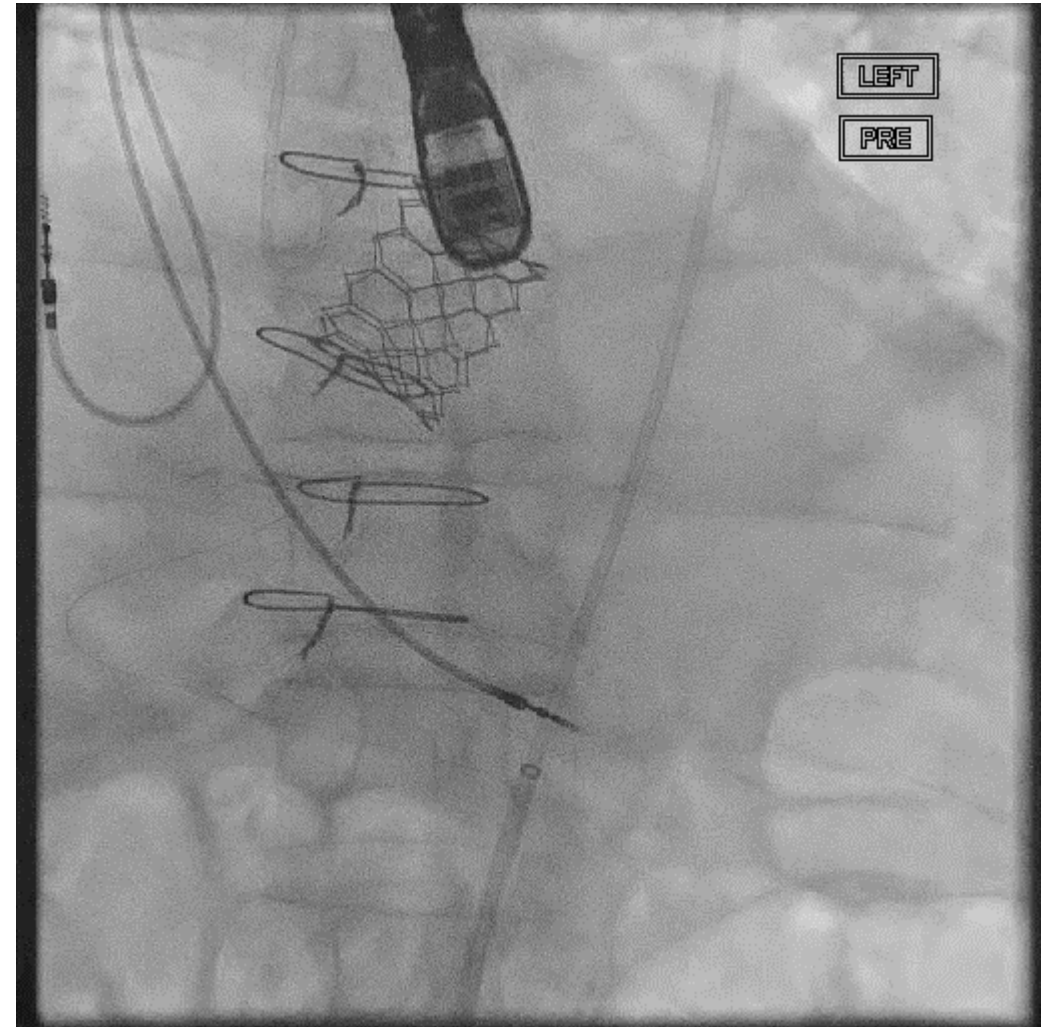
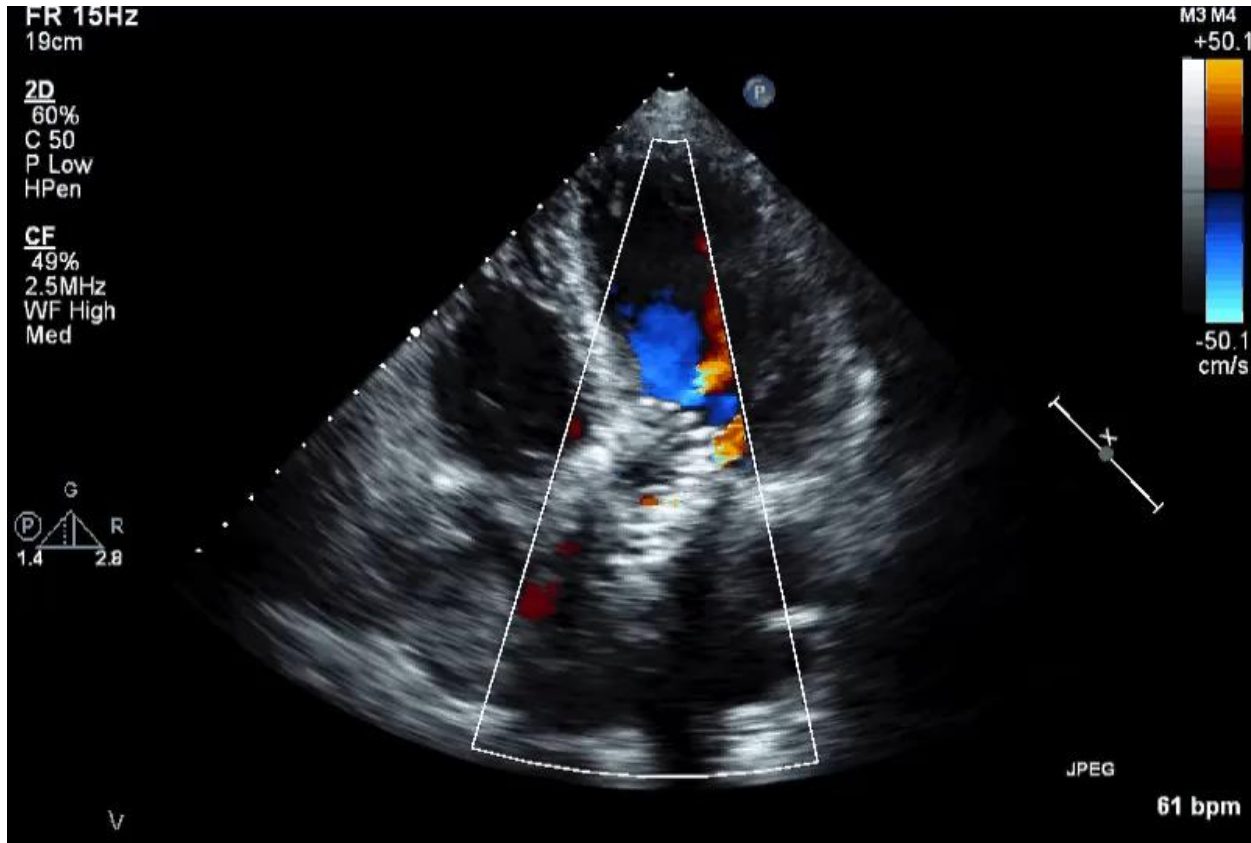


BRIGHAM AND  
WOMEN'S HOSPITAL

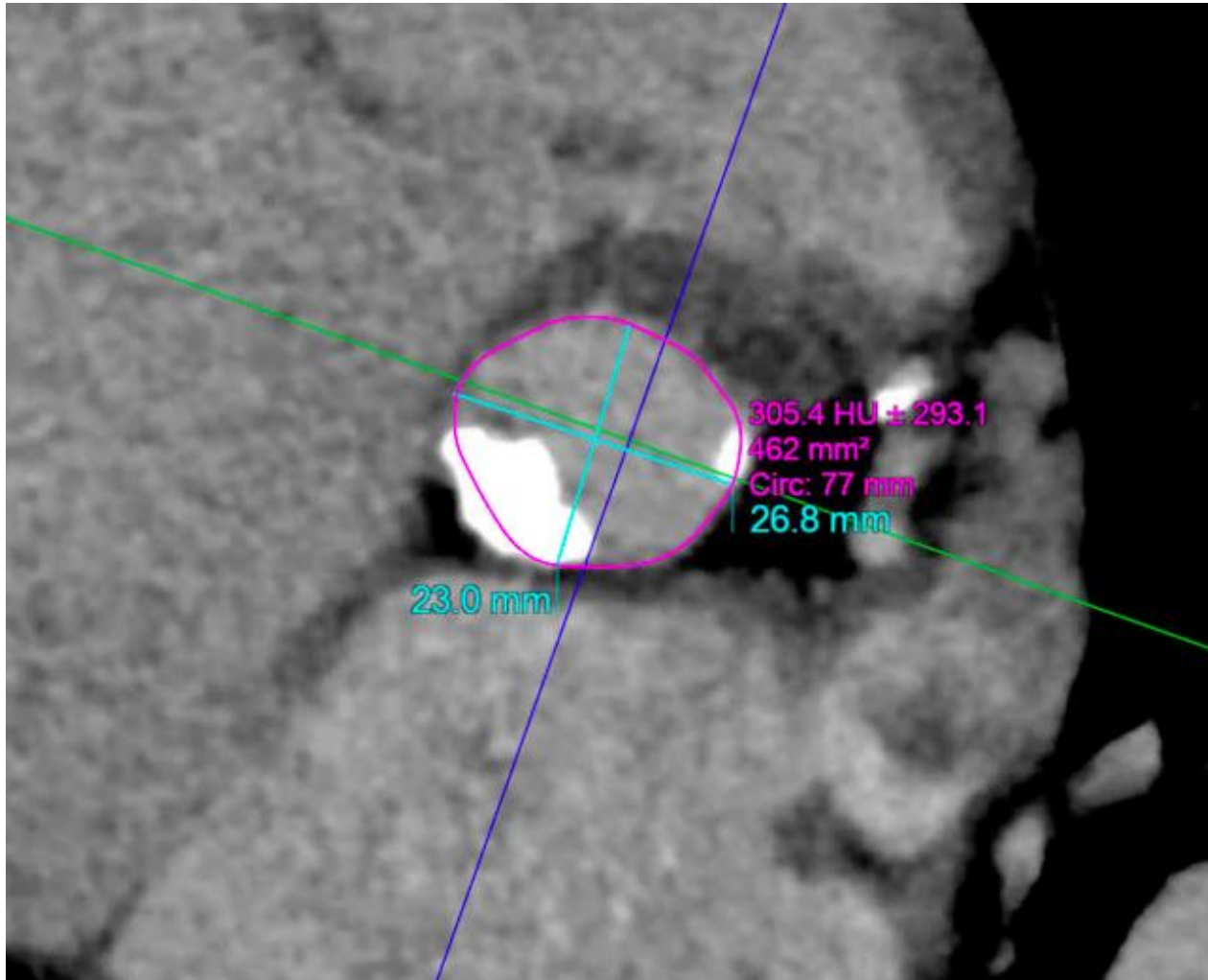


HARVARD  
MEDICAL SCHOOL

# Paravalvular Leak (PVL)



# Paravalvular Leak (PVL)

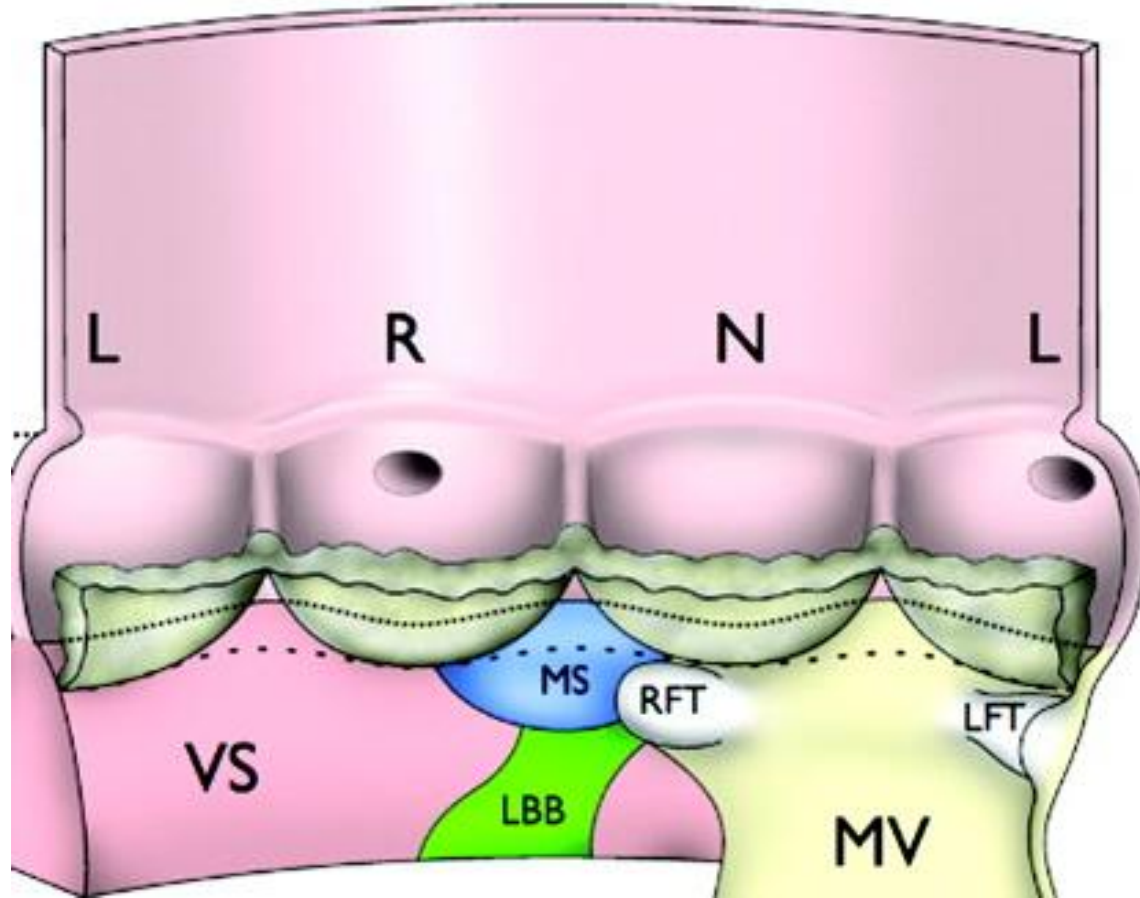


## *Risk Factors*

- Undersized prosthesis
- Hi/Low THV positioning
- Severe LVOT/annular calcium
- Irregularly shaped annulus



# Pacemaker after TAVR



- Trauma to conduction system
- Higher risk with baseline conduction disease
- Higher risk with lower implants
- PPM rates and PVL rates are inversely proportional



# TAVR Clinical Trials

Trial	Year	Device	Risk	Death (1yr)	Stroke (30d)	Mod/Sev PVL (30d)	PPM (30d)
PARTNER B	2010	Sapien	Inop	30.7	6.7	10.5	3.4
PARTNER A	2011	Sapien	High	24.2	5.5	12.2	3.8
Corevalve XR	2014	Corevalve	Inop	26.0	4.0	11.4	21.6
Corevalve HR	2014	Corevalve	High	14.2	4.9	9.0	19.8
PARTNER 2	2016	Sapien XT	Intermed	14.5	6.4	3.7	8.5
Sapien 3 HR	2016	Sapien 3	High/Inop	14.4	2.4	2.5	16.9
Sapien 3 IR	2016	Sapien 3	Intermed	7.4	2.4	1.5	10.2
SURTAVI	2017	Corevalve & Evolut R	Intermed	8.1	5.4	5.3	25.9
PARTNER 3	2019	Sapien 3	Low	1.0	0.6	0.8	6.5
CoreValve LR	2019	Evolut R	Low	2.3	3.4	3.5	17.4

# TAVR Specific Concerns c/w SAVR

---

- *Stroke/Cerebral Emboli*
- *Paravalvular Regurgitation*
- *Need for Permanent Pacemaker*
- ***Leaflet Thrombosis***
- ***Durability***
- ***Coronary Access***
- ***Bicuspid Valves***



# TAVR Clinical Trials: What Have We Learned?

- TAVR improves mortality in inoperable patients.
- TAVR is at least as effective at reducing mortality in high, intermediate, **and low** surgical candidates.
- TAVR highly effective at improving symptoms/functional class
- Durability of TAVR valves appears to be excellent out to 5 years

# FDA/CMS Indication for TAVR

**Severe Native Aortic Stenosis in a Tri-leaflet Aortic Valve**  
**Life expectancy >12 months**

## **Heart Team Evaluation**

- Interventional Cardiologist
- Cardiac Surgery

## **Intermediate or High Risk or Inoperable**

- Two cardiac surgeon evaluation
- STS > 3.0% OR
- Surgical assessment deems patient intermediate risk

**Severe Aortic Stenosis in a Failed Surgically Implanted Bioprosthetic Valve in High Risk Patients**

**Cardiac Surgeon and Interventional Cardiologist must be present for procedure**



Department of Medicine



Global and Continuing  
Education

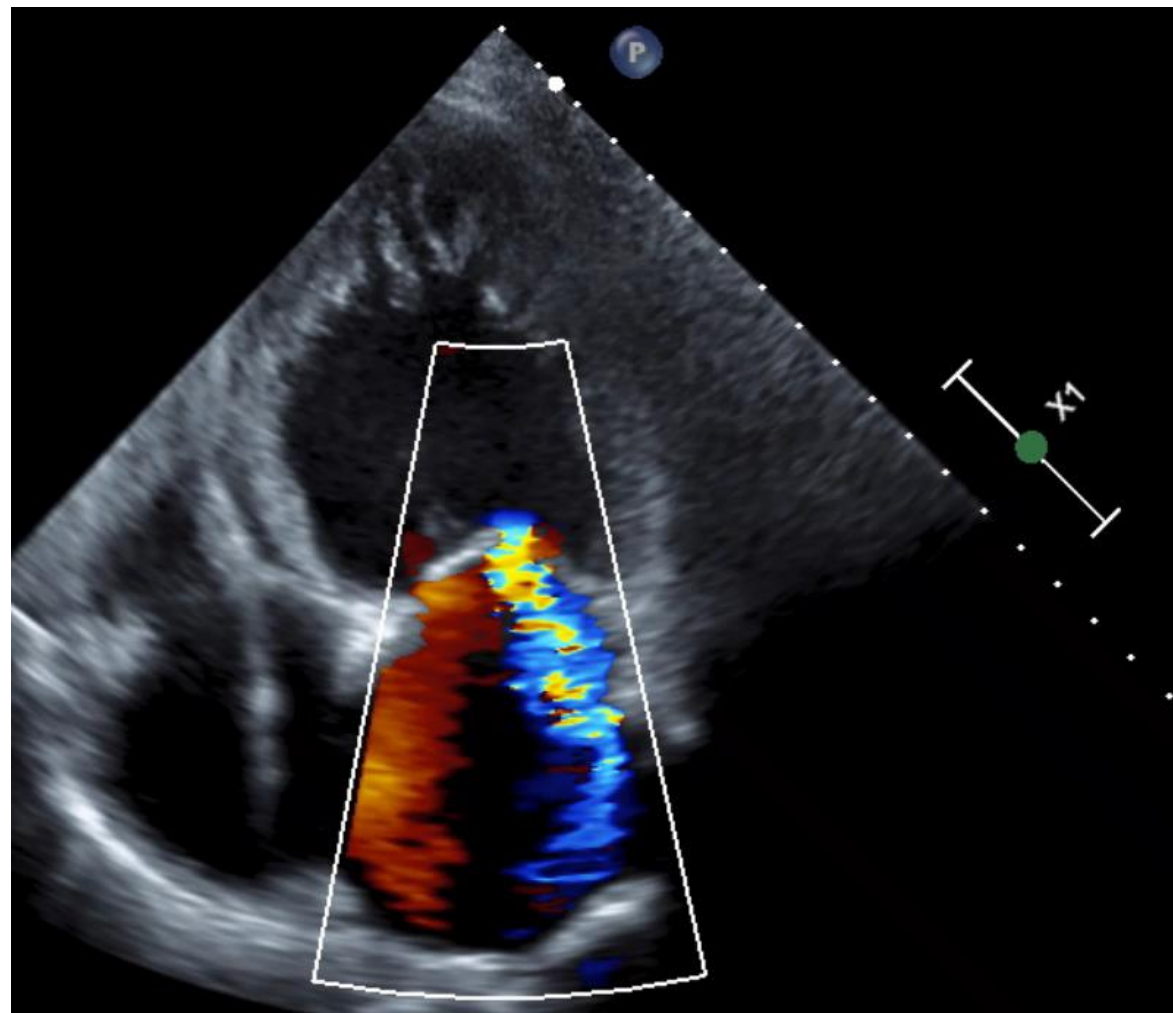
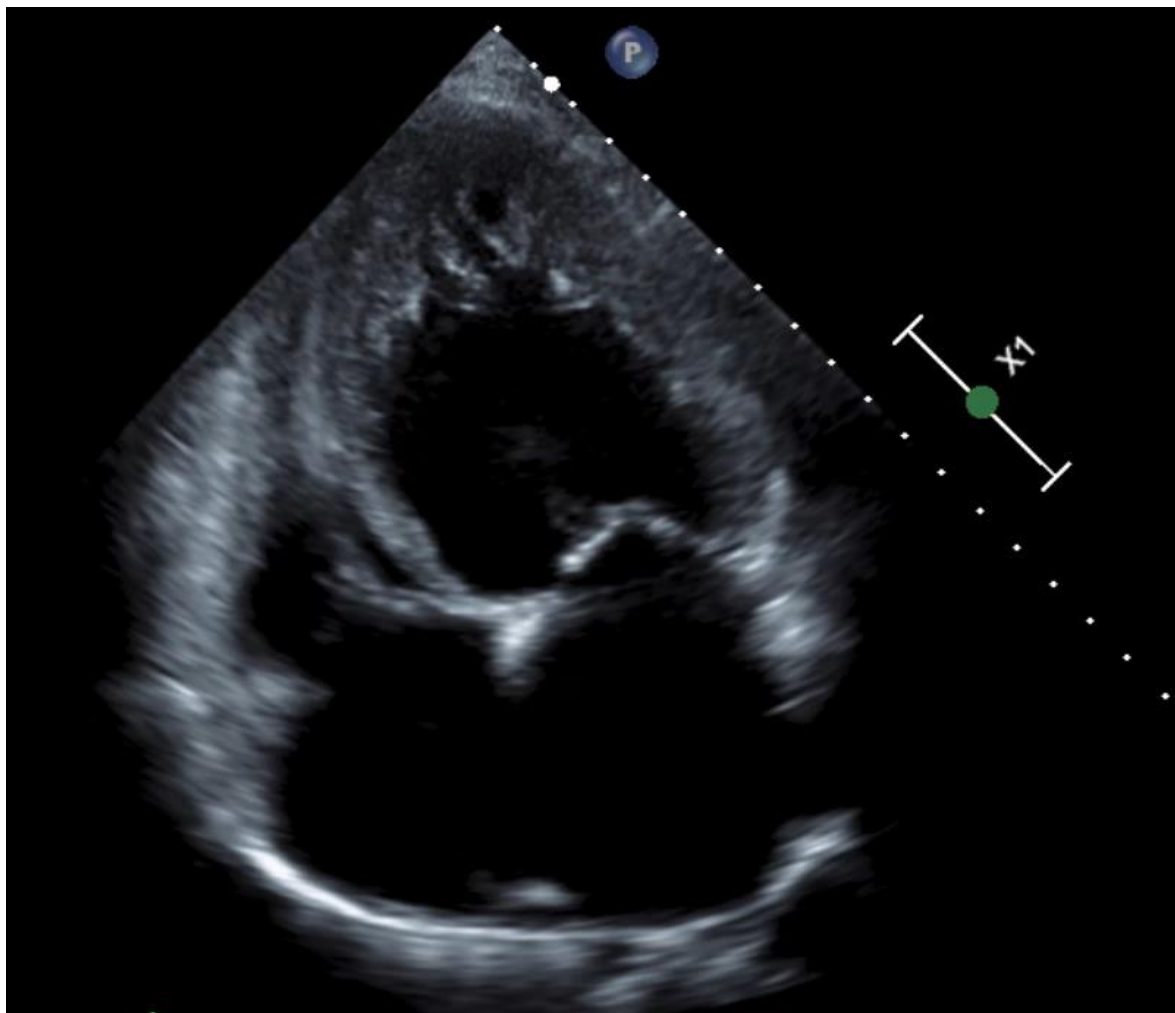
# TAVR: The Future

- **Device improvements**
  - Reduce PVL
  - Reduce PPM
  - Smaller device profiles
- **Optimal anticoagulant/antithrombin regimens**
  - Several on-going trials
- **Reducing stroke risk**
  - Shields
  - Filters
- **Formal assessment of durability**
  - 10 year f/u in PARTNER 3 and Evolut Low Risk
- **Bicuspid valves**
- **Defining optimal timing of treatment of AS**
  - EARLY TAVR

# Case 2

- 82 yo F presents with severe shortness of breath waking her up while asleep
  - Non-ischemic (familial) cardiomyopathy (LVEF 20%, LVEDD 65 mm)
    - Left-bundle s/p CRT-D
    - Atrial fibrillation (on warfarin)
    - Moderate-severe MR
  - Type 2 DM
- BP 120/68 | P 91 | 80 % on RA
- Exam: Laterally displaced PMI, harsh HSM @ apex, +S3; crackles throughout

# Case 2



LVEDD 65 mm; LVESD 61 mm

# Degenerative vs. Functional MR



**Normal mitral valve**



**Degenerative MR  
caused by mitral  
valve prolapse**



**Degenerative MR  
caused by flail leaflet**



**Functional MR**

*Photo source: Abbott Vascular*



# Edge-to-Edge Trans-catheter Mitral Valve Repair

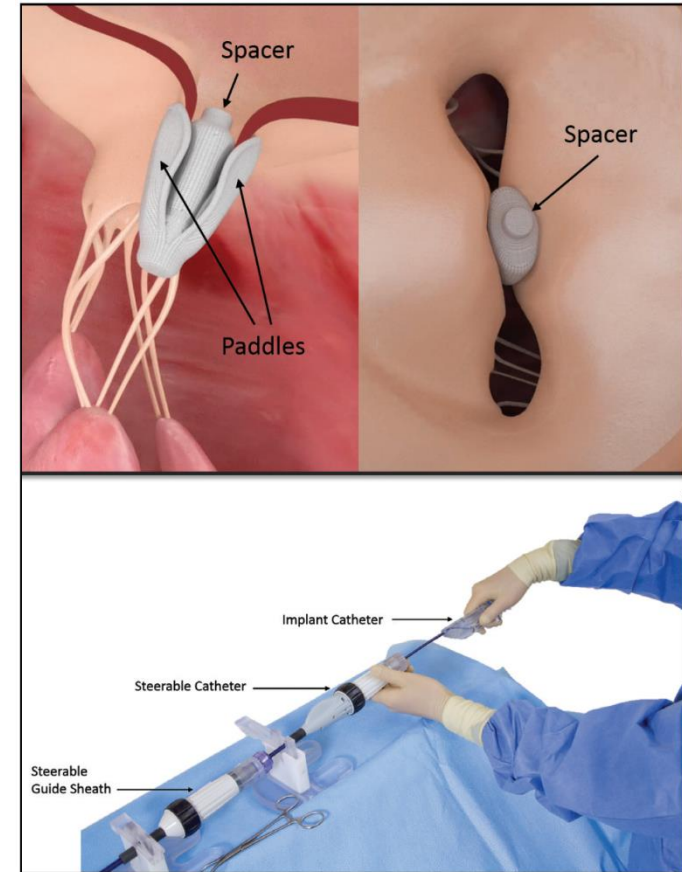


## MitraClip (Abbott)

FDA Approved for Primary and Secondary MR



## Alfieri Stitch



## Pascal (Edwards)

FDA approved for Primary MR



Department of Medicine



Global and Continuing Education



# MitraClip: Early Clinical Trials

Trial	Year	Comparator	Risk	No. Patients	Result
EVEREST 1	2006	Single Arm	Operable	107	MC feasible and safe
EVEREST 2	2011	MV Repair	Operable	178 MC 80 MV Repair	MV repair > MC
EVEREST 2 HR	2012	Single Arm	High	78	MC > Performance Goal
EVEREST 2 HR REALISM	2014	Single Arm	High Non-High	628 271	Improved MR, NYHA, and reduced readmissions

Based on these data, MitraClip presently approved for patients with degenerative MR who are too high risk for surgery.

# MitraClip for Functional MR

## The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

DECEMBER 13, 2018

VOL. 379 NO. 24

### Percutaneous Repair or Medical Treatment for Secondary Mitral Regurgitation

J.-F. Obadia, D. Messika-Zeitoun, G. Leurent, B. Lung, G. Bonnet, N. Piriou, T. Lefèvre, C. Piot, F. Rouleau, D. Carrié, M. Nejari, P. Ohlmann, F. Leclercq, C. Saint Etienne, E. Teiger, L. Leroux, N. Karam, N. Michel, M. Gilard, E. Donal, J.-N. Trochu, B. Cormier, X. Armoiry, F. Boutitie, D. Maucort-Boulch, C. Bernel, G. Samson, P. Guerin, A. Vahanian, and N. Mewton, for the MITRA-FR Investigators\*

## ORIGINAL ARTICLE

### Transcatheter Mitral-Valve Repair in Patients with Heart Failure

G.W. Stone, J.A. Lindenfeld, W.T. Abraham, S. Kar, D.S. Lim, J.M. Mishell, B. Whisenant, P.A. Grayburn, M. Rinaldi, S.R. Kapadia, V. Rajagopal, I.J. Sarembock, A. Brieke, S.O. Marx, D.J. Cohen, N.J. Weissman, and M.J. Mack, for the COAPT Investigators\*



BRIGHAM AND  
WOMEN'S HOSPITAL

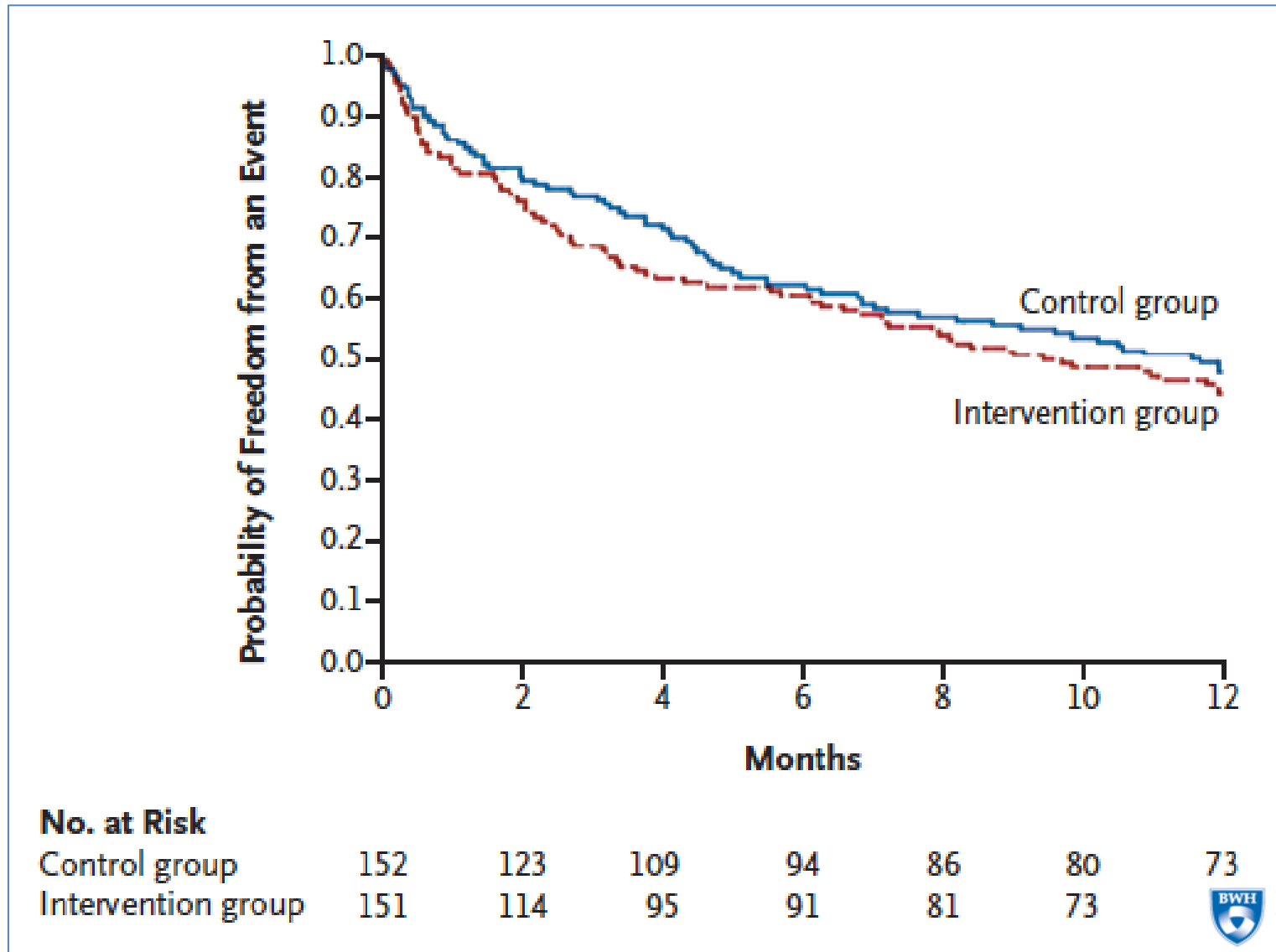
Department of Medicine



HARVARD  
MEDICAL SCHOOL

Global and Continuing  
Education

# Mitra-FR



NEJM 2018; 379: 2297-2306



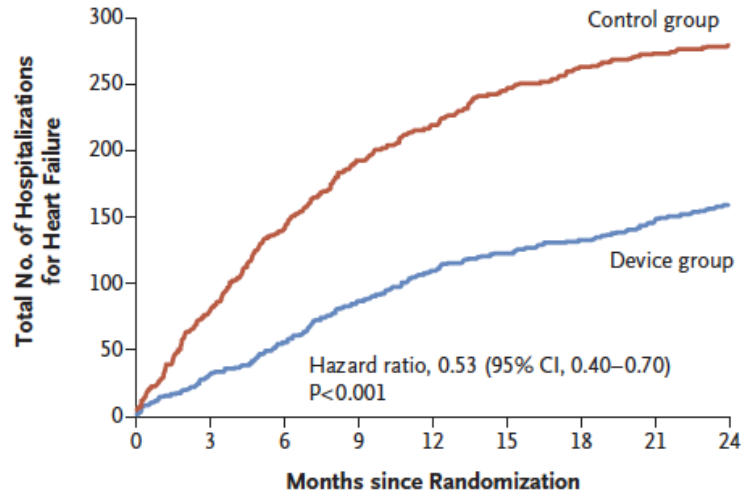
Department of Medicine



Global and Continuing Education

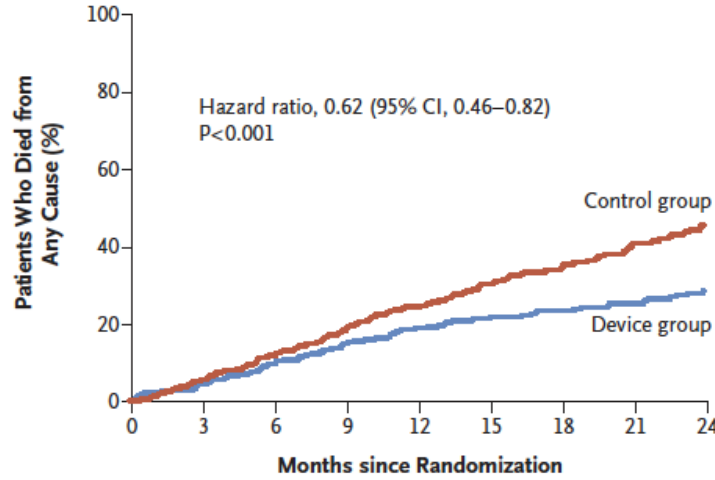
# COAPT

**A Hospitalization for Heart Failure**



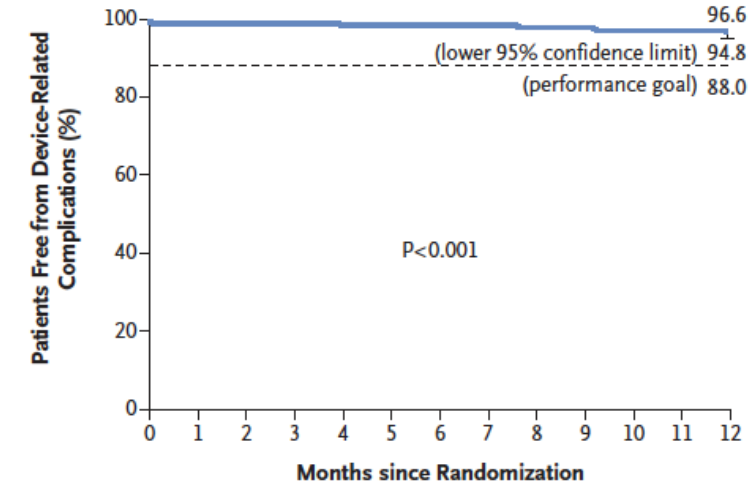
No. at Risk	0	3	6	9	12	15	18	21	24
Control group	312	294	271	245	219	176	145	121	88
Device group	302	286	269	253	236	191	178	161	124

**C Death from Any Cause**



No. at Risk	0	3	6	9	12	15	18	21	24
Control group	312	294	271	245	219	176	145	121	88
Device group	302	286	269	253	236	191	178	161	124

**B Freedom from Device-Related Complications**



No. at Risk	0	1	2	3	4	5	6	7	8	9	10	11	12
Device group	293	283	282	277	272	269	261	258	251	245	241	236	221

NEJM 2018; 379: 2307-2318

# Clinical Trials of MitraClip for Functional MR

**TABLE 5 Comparison of Ongoing Randomized Trials of the MitraClip in Patients With Heart Failure and Secondary Mitral Regurgitation**

	<b>COAPT</b>	<b>RESHAPE-HF</b>	<b>MITRA-FR</b>
Number of patients and sites	430 patients at 75 U.S. and Canadian sites	800 patients at 50 E.U. sites	288 patients at 18 French sites
Secondary MR grade (core laboratory verified)	≥3+ (EROA ≥30 mm <sup>2</sup> and/or Rvol >45 ml)	≥3+ (EROA ≥30 mm <sup>2</sup> and/or Rvol >45 ml)	Severe (EROA >20 mm <sup>2</sup> + Rvol >30 ml)
NYHA functional class	II, III, or ambulatory IV	III or ambulatory IV	II-IV
LVEF	≥20% to ≤50%	≥15% to ≤40%	≥15% to ≤40%
Surgical criteria	Not appropriate for mitral valve surgery (heart team)	None	None
Left ventricular volume entry criterion	LV end-systolic dimension ≤70 mm	LV end-diastolic dimension ≥55 mm	None
Control arm	Guideline-directed medical therapy (+CRT, if indicated)	Guideline-directed medical therapy (+CRT, if indicated)	Guideline-directed medical therapy (+CRT, if indicated)
Primary efficacy endpoint (superiority)	Heart failure rehospitalizations at 1 yr	Death or heart failure hospitalization at 1 yr	Death or recurrent heart failure hospitalization at 1 yr
Primary safety endpoint (noninferiority)	The composite of: SLDA; device embolization; endocarditis requiring surgery; echocardiography core laboratory-confirmed mitral stenosis requiring surgery; LVAD implant; heart transplant; or any device-related complications requiring nonelective cardiovascular surgery at 12 months	None	None
Health economics	Assessed	Assessed	None
Follow-up, yrs	5	2	

# TMVR: Challenges to TMVR Development

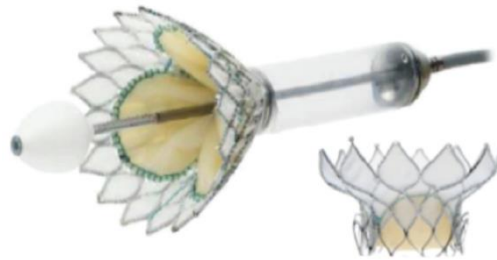
---

- Access to MV more difficult
  - Trans-apical access
  - Trans-septal access
- MV annulus very large
  - Larger device sizes
- MV annulus not rigid
  - Requirement for active fixation
- Proximity to LVOT
  - LVOT obstruction
- MV complex structure
  - Chords, papillary muscles

# TMVR Devices in Clinical Trials

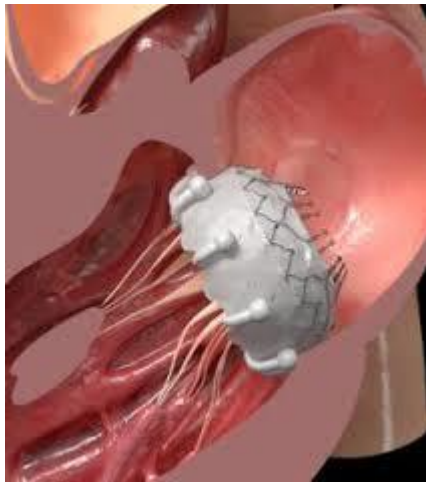


Intrepid (Medtronic)



Tendyne (Abbott)

- Both devices in pivotal trials
- Both require trans-apical access



Evoque (Edwards)



M3 (Edwards)

- In continued access programs
- Can be delivered transseptally



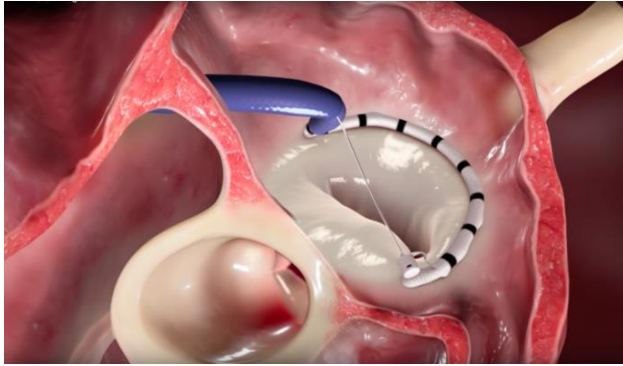
BRIGHAM AND  
WOMEN'S HOSPITAL



HARVARD  
MEDICAL SCHOOL



# Other Mitral Valve Repair Devices



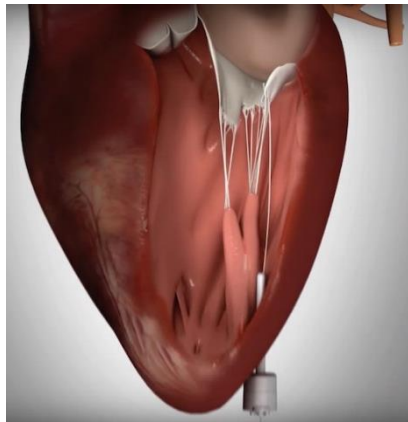
Cardioband (Edwards)



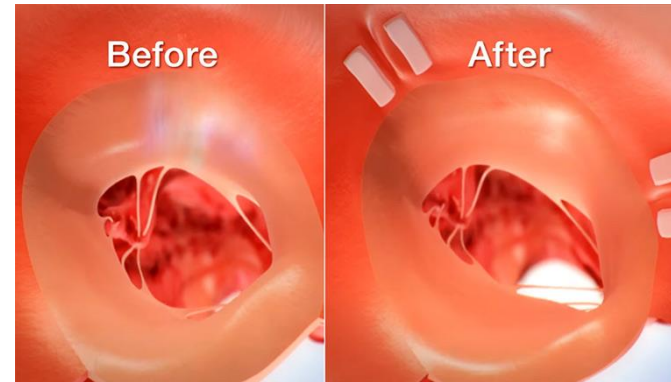
Carillon (Cardiac Dimensions)



Monarc (Edwards)



Harpoon (Harpoon Medical)



Mitralign (Mitralign)



BRIGHAM AND  
WOMEN'S HOSPITAL



HARVARD  
MEDICAL SCHOOL



# Trans-Catheter Mitral Valve Therapies: Conclusions

- Important to understand mechanism of MR: primary (degenerative) or secondary (functional)
- TEER indicated for high-surgical risk primary MR patients appropriately selected secondary MR patients
- Many TMVR and TMVr devices in clinical trials at this time.
- Critical for patients to be assessed in a multidisciplinary fashion to determine best treatment options
- Imagers, heart failure MDs, interventional cardiologists, and surgeons



BRIGHAM AND  
WOMEN'S HOSPITAL

Department of Medicine



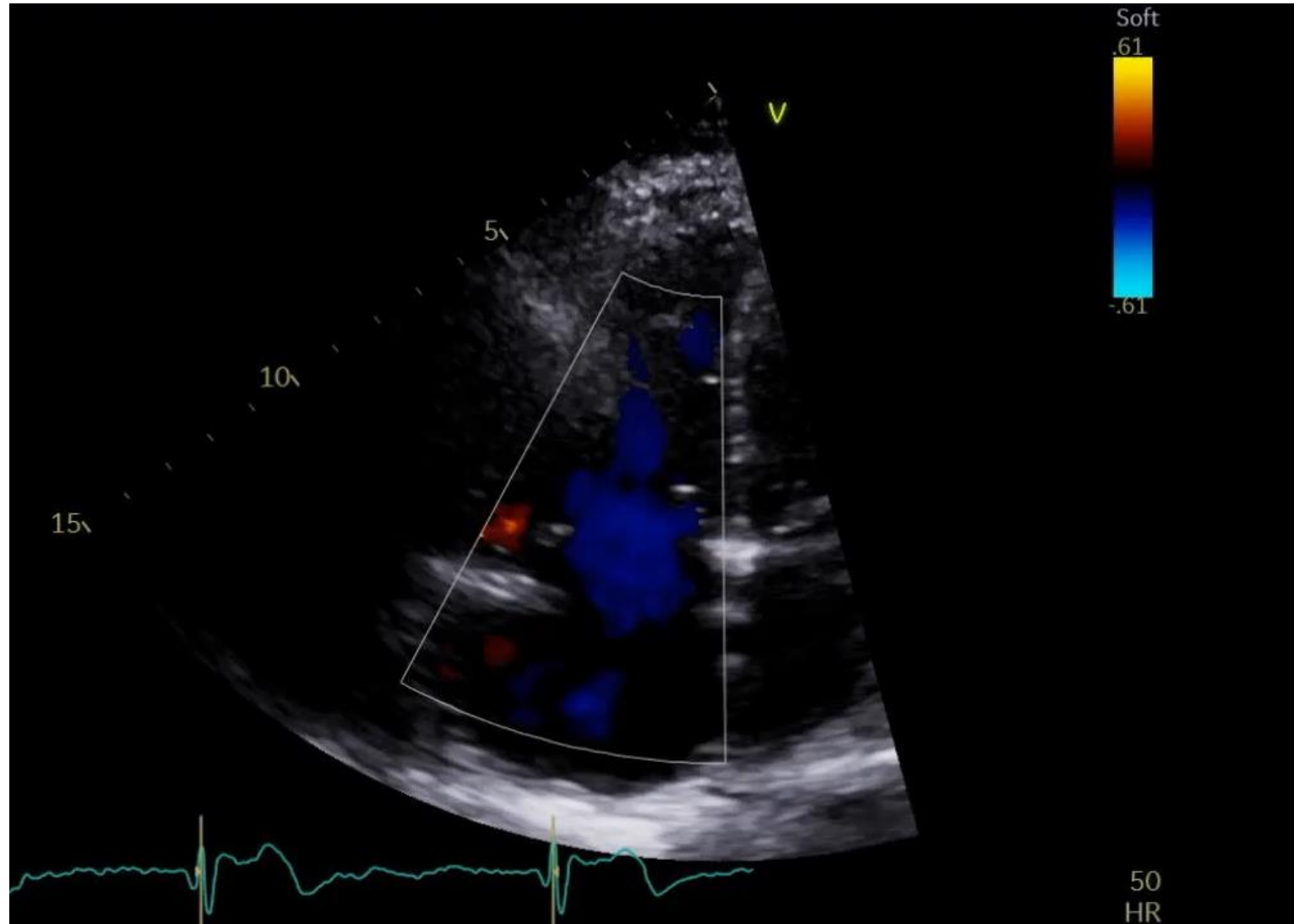
HARVARD  
MEDICAL SCHOOL

Global and Continuing  
Education

# Case 3

- 83 year-old woman with worsening shortness of breath, lower extremity edema
- Initially responsive to diuretics but now requiring increasing doses
- Trans-thoracic echo notable for severe tricuspid regurgitation with slight increase in RV size
- Felt to be a poor candidate for surgery

# Case 3- Echocardiogram



# Tricuspid Valve Regurgitation

---

- The TV is often called the “forgotten valve”
- Slow progression, rarely acutely fatal, no great treatment options outside of diuretics and surgery
- As a results, patients are often referred late for consideration of therapies
- Etiologies: primary (degenerative) and secondary (functional)
- At the present time, all percutaneous treatment options are investigational

# Tricuspid Repair Devices- Investigational

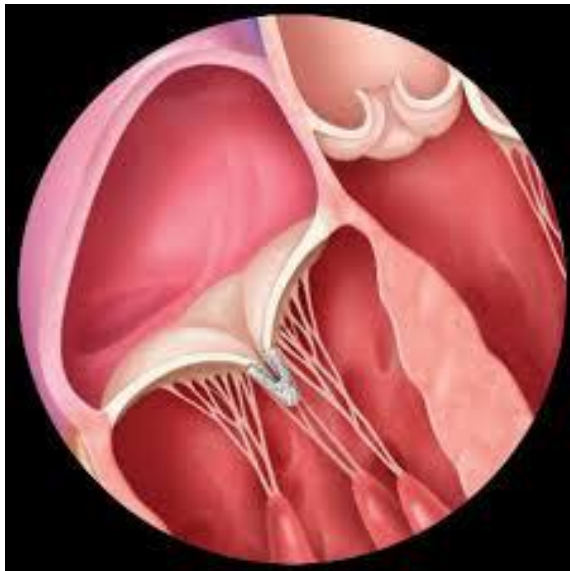
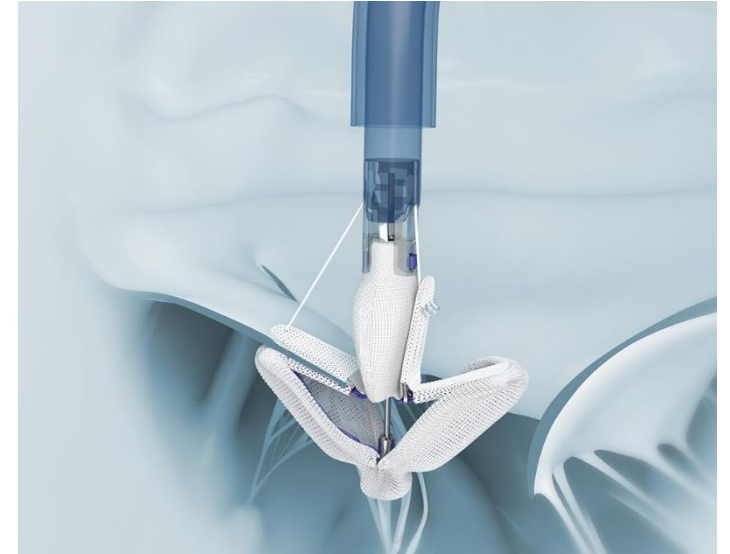
## Tricuspid Trans-catheter Edge to Edge Repair



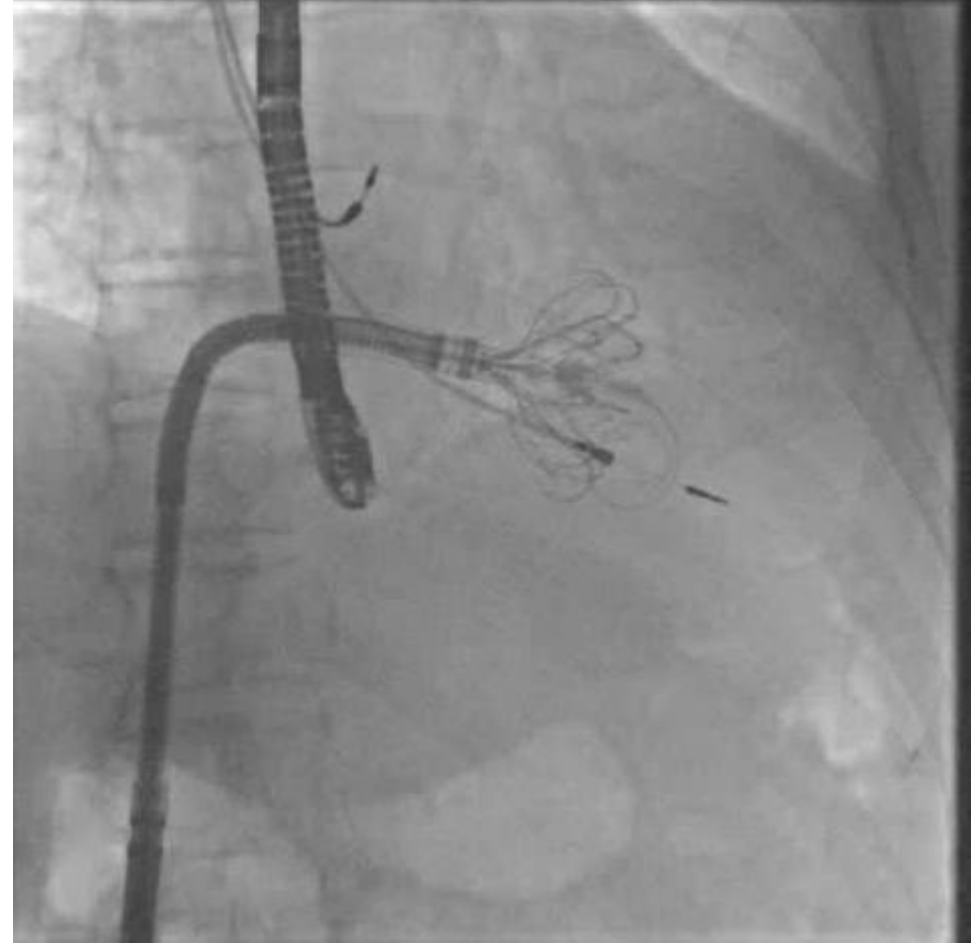
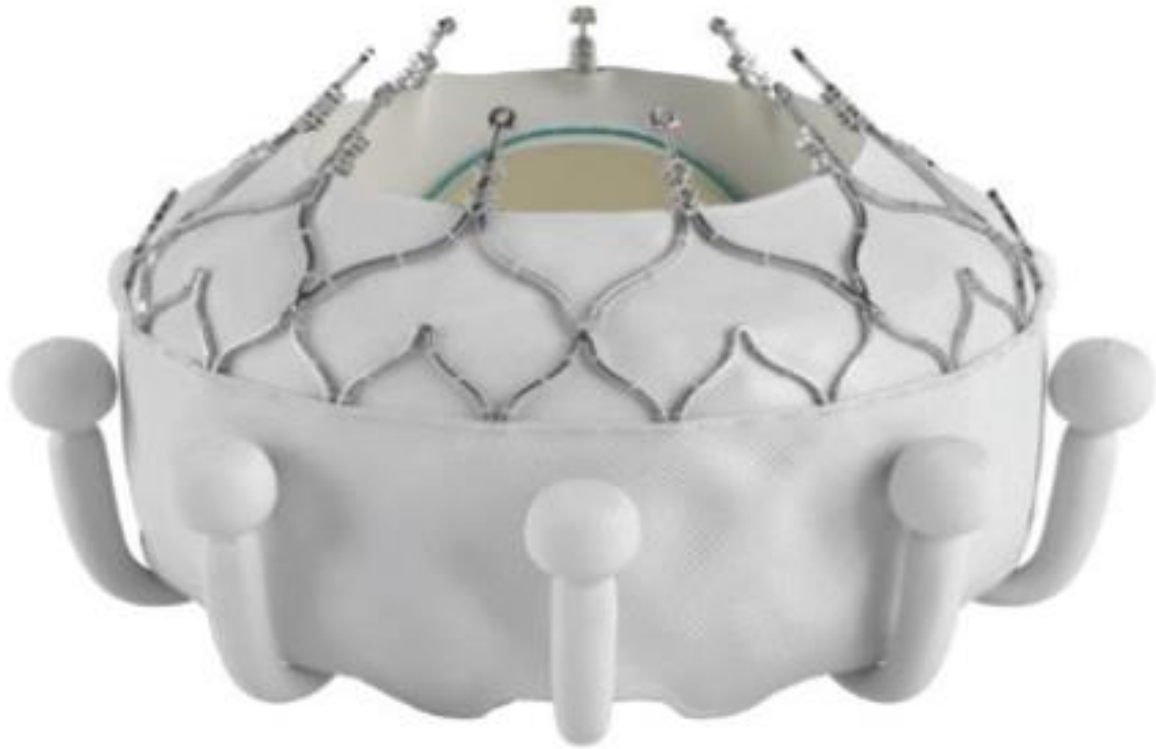
Tri-Clip

TRILUMINATE Trial-FDA approved April 2024

Pascal  
TRICLASP Trial



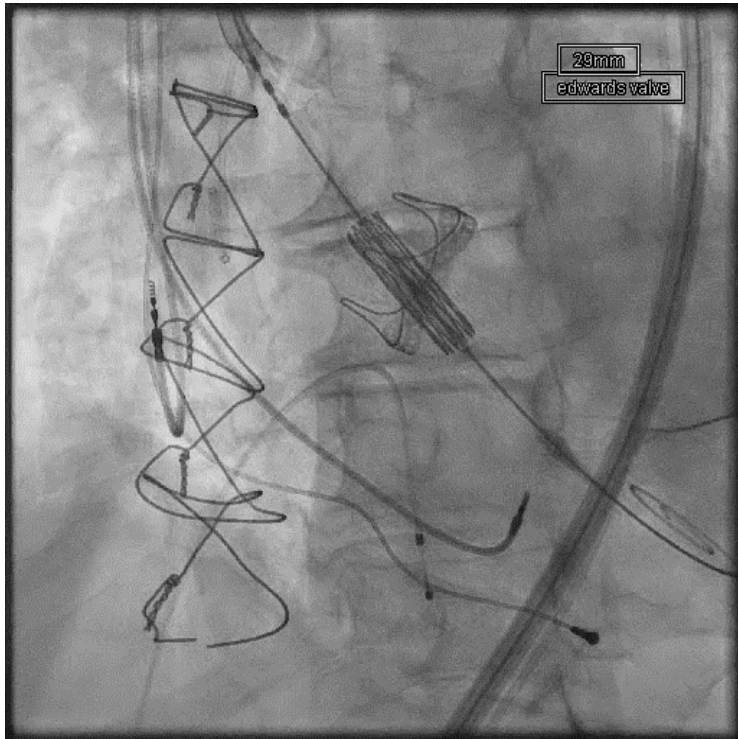
# Tricuspid Replacement Devices- Investigational



Evoque (Tricuspid)  
TRISCEND II Trial  
FDA Approve March 2024

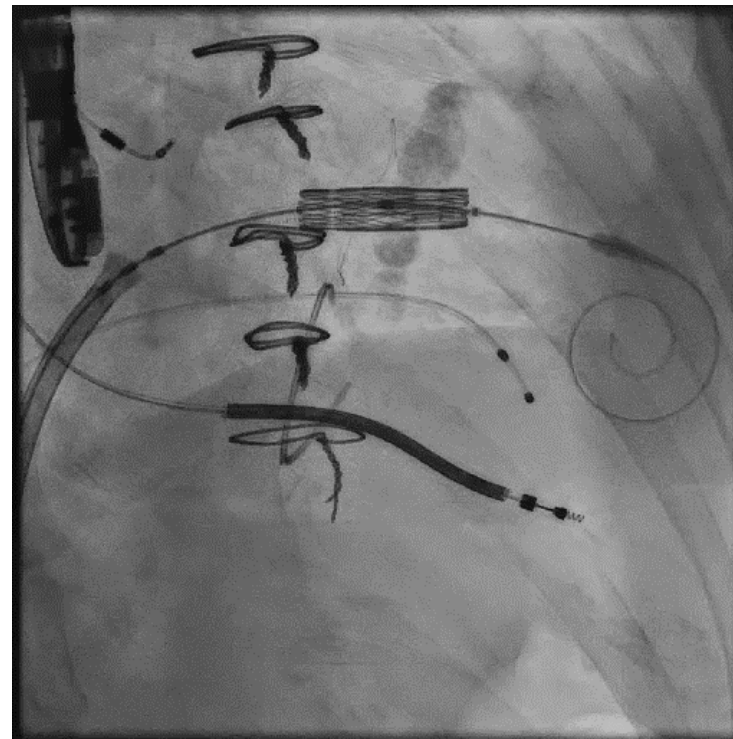


# Valve-in-Valve Procedures



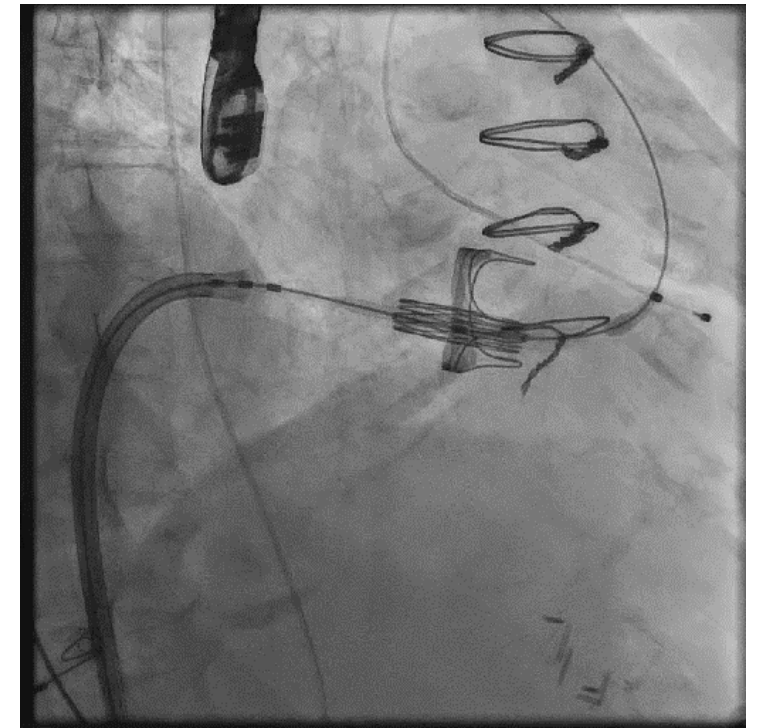
Aortic Valve-in-Valve

- Approved for high-risk
- Ongoing studies of intermediate and low risk



Mitral Valve-in-Valve

- Approved for high-risk
- Ongoing studies of intermediate and low risk



Tricuspid Valve-in-Valve

- Not FDA approved



# Conclusions

---

- TAVR is standard of care (compared to surgical AVR) in patients who are deemed inoperable or high risk for surgical AVR and is an acceptable treatment for patients independent of surgical risk for AVR.
- Trans-catheter edge-to-edge procedure can be considered in patients high risk for surgical MVR with severe symptomatic MR due to degenerative mitral valve disease.
- Trans-catheter edge-to-edge procedure has shown favorable results in patients with functional MR who have been maximized on guideline directed medical therapy and remain symptomatic
- Intense investigation ongoing evaluating novel percutaneous devices for mitral valve and tricuspid valve repair and replacement.

# Conclusions (2)

---

- For any patient with valvular heart disease, early referral to cardiology paramount to ensure greatest access to therapies or investigational protocols that may improve long-term outcomes

***Thank You***

**[pbshah@bwh.harvard.edu](mailto:pbshah@bwh.harvard.edu)**

***Twitter: @PinakShahMD***

## References:

The PARTNER Trial. NEJM 2011: 2187-2198.

The CoreValve Extreme Risk Study. JACC 2014: 1972-1981.

The PARTNER 2 Trial. NEJM 2016: 1609-1620.

The CoreValve Hi-Risk Study. NEJM 2014: 1790-1798.

The SURTAVI Study. NEJM 2017: 1321-1331.

The EVEREST II Trial. NEJM 2011: 1395-1406.

The MITRA FR Trial. NEJM 2018: 2297-2306.

The COAPT Trial. NEJM 2018: 2307-2318.

The PARTNER 3 Trial. NEJM 2019: ePublication March 2019

The CoreValve Evolut Low Risk Trial. NEJM 2019: ePublication March 2019